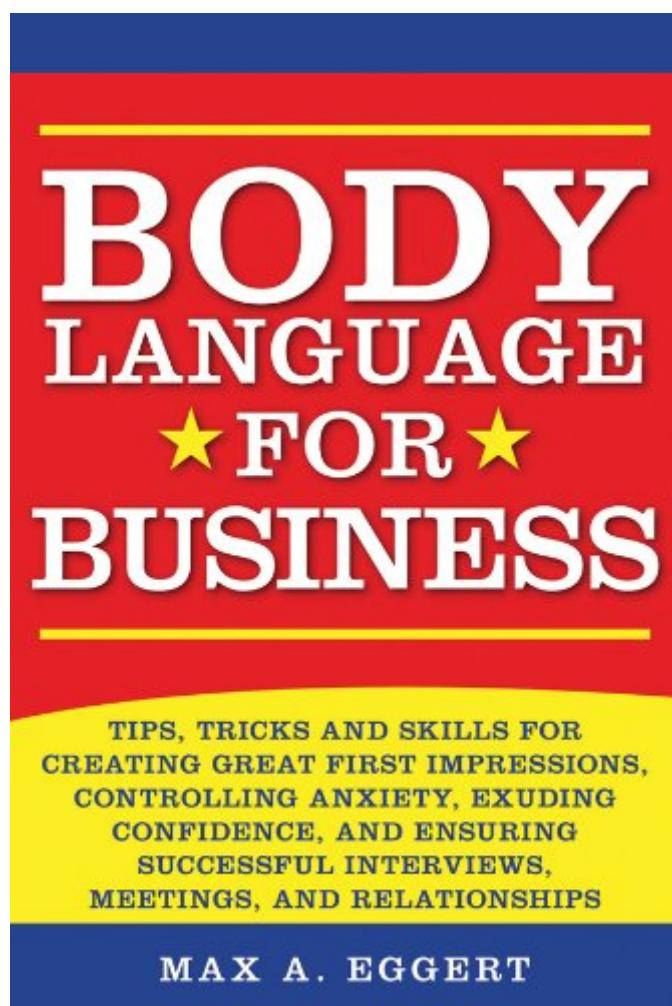


The book was found

Body Language For Business: Tips, Tricks, And Skills For Creating Great First Impressions, Controlling Anxiety, Exuding Confidence, And Ensuring Successful Interviews, Meetings, And Relationships





Synopsis

Body Language for Business will show you how to understand the intricacies of body language and how to maximize your interpersonal skills in all your relationships in your personal life and at work. This handy guide holds successful tips for not only reading others, but also showing confidence to friends, coworkers, and your boss. With Body Language for Business you'll learn: The basics of body language How to make a positive impact every time Techniques for controlling anxiety Ways to exude personal confidence And much more! Never again will you panic during a job interview or when asking for a raise! With the help of world renowned psychologist Max A. Eggert, you'll gain insight into how to interact with colleagues in a professional and courteous manner. This guidebook is filled with life lessons that everyone, young and old, should read and abide by.

Book Information

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Customer Reviews

This is a great book as a starting point. It makes you want to delve deeper into the art of this subtle language. The information I got in this book helped me in a meeting I had today. I had a manager who was blading me and a simple open palm gesture worked to open her up to my information and allowed me to reach the desired goal of the meeting.

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